

THE HURDLES TO MARKET – REGULATORY AND CLINICAL TRIAL CONSIDERATIONS IN EUROPE

Heike Schön, Managing Director

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Heike Schön, Managing Director – an experienced and renowned consultant in preparing, setting up and overseeing clinical trials from both the sponsor's and the vendor's side.

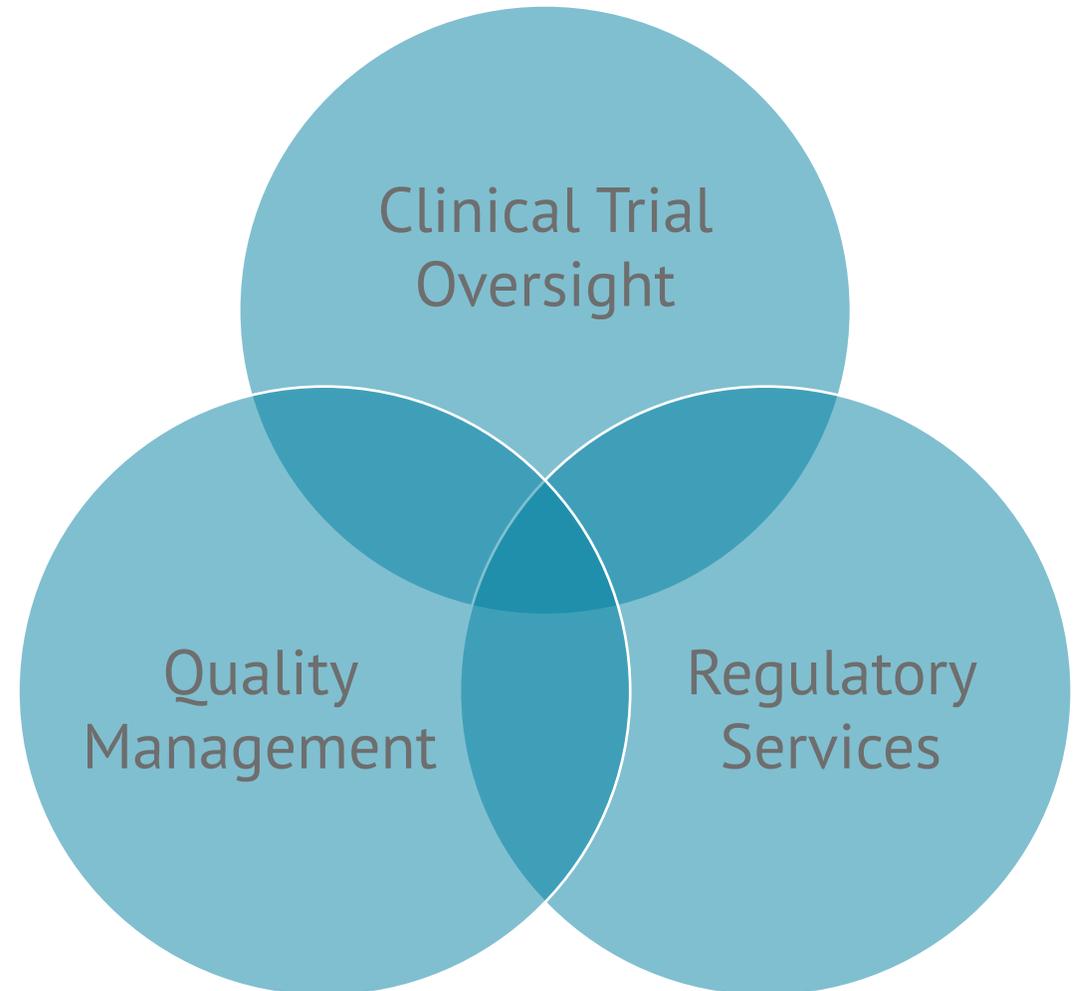


Liam Spencer, Senior Regulatory Project Manager - experienced in regulatory affairs having worked across a range of therapeutic areas, product types, and development phases

Who are Lumis Life Science Consulting?

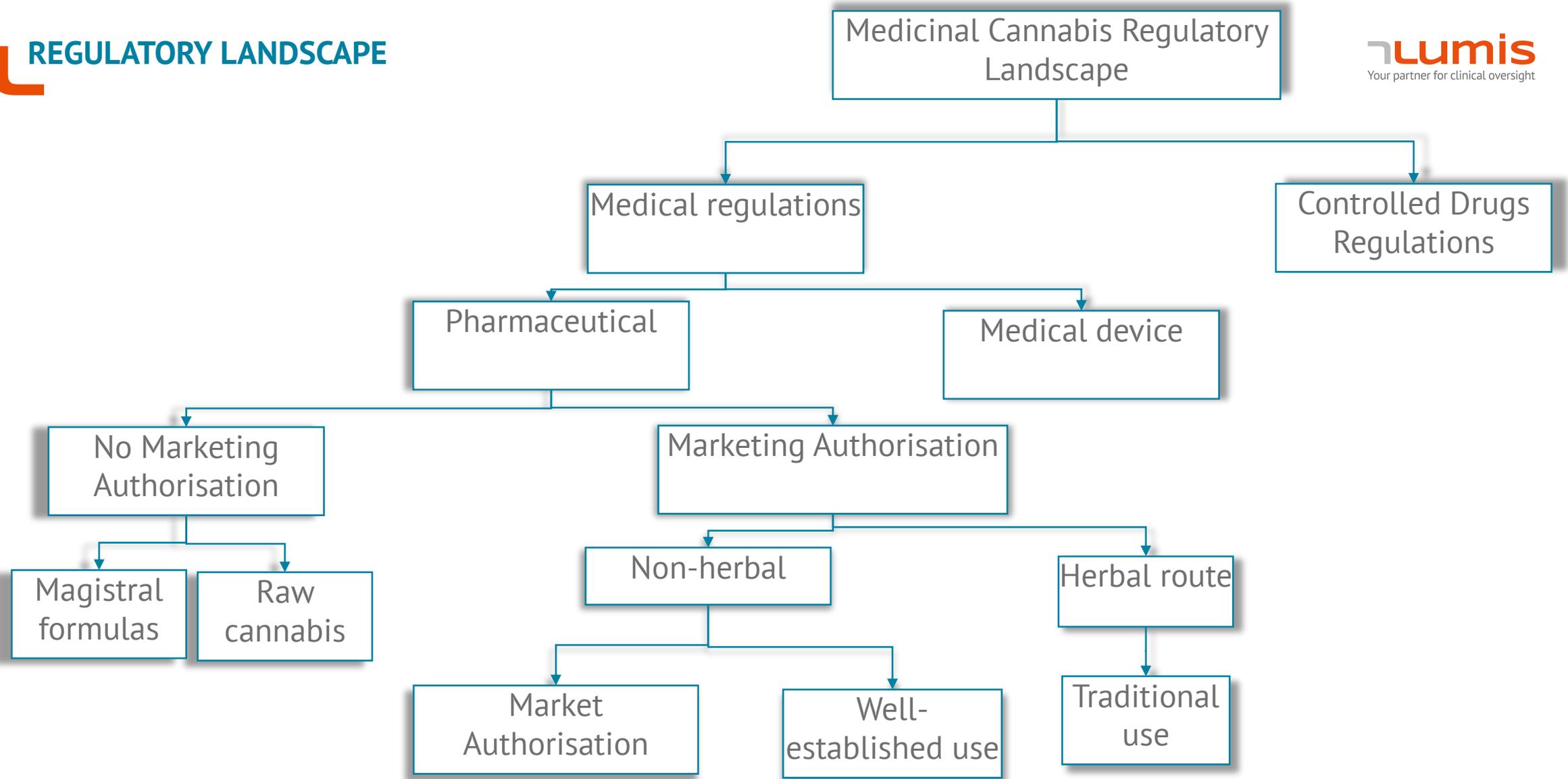
We optimise pharmaceutical and medical device development via our solutions in clinical trials, quality management, and regulatory.

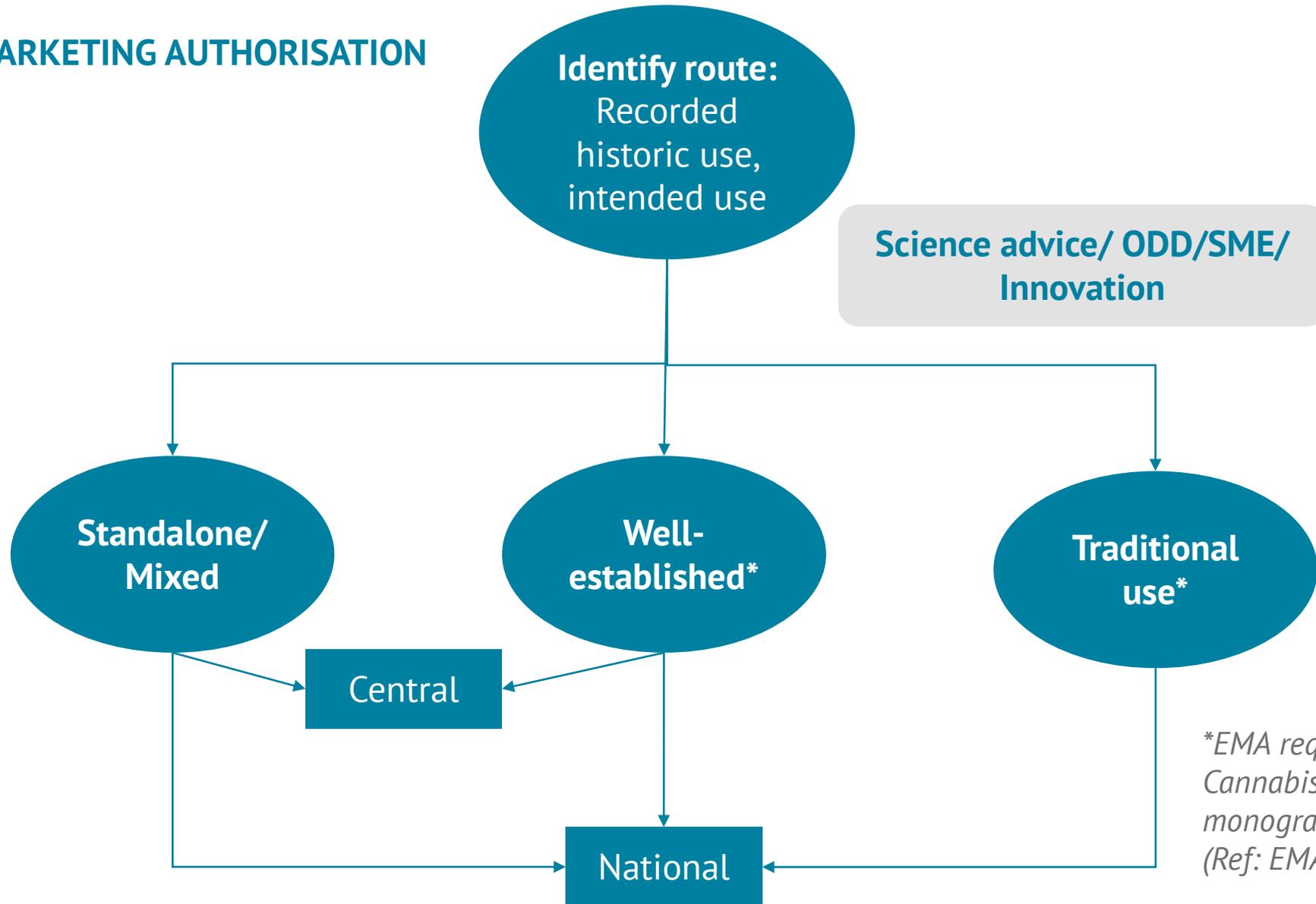
- Small consultancy
- Berlin HQ
- Range of pharmaceutical and medical device clients
- Particular interest in medicinal cannabis



1. Introduction
2. Regulatory landscape
3. Clinical trial considerations
4. Conclusion
5. Further information
6. References

REGULATORY LANDSCAPE





**EMA requested scientific data for Cannabis sativa L., flos – possible herbal monograph or list entry (Ref: EMA/HMPC/697513/2022)*

ADVANTAGE OF ORPHAN DRUG DESIGNATION (ODD) AND SME's Status

- ✓ Financial advantages through fee reduction for regulatory activities
- ✓ 10 years market exclusivity for orphan drugs plus 2 years if paediatric investigational plan was executed
- ✓ Fast track approval
- ✓ Support by EMA through protocol assistance
- ✓ Application for scientific advice can be done in parallel with US FDA
- ✓ Designated orphan medicines can apply for central marketing authorization
- ✓ If SME status is available company can obtain further full or partial fee exemptions

SMEs developed nearly 20% of human medicines recommended for authorization in 2020 of which 50% targeted a rare disease (EMA SME office)

NO MARKET AUTHORISATION

- Magistral/ officinal preparations (Article 3 Directive 2001/20/EC) or Specialities (Article 5 Directive 2001/20/EC)
- **Limited:** Individual patient, prescription only (sometimes specialist physicians only), physician's liability, lack of evidence, reimbursement, indications can be limited, cannabis sourced at state-level
- Examples – Germany, Netherlands, France, Ireland, Denmark, etc.



Legalised medicinal cannabis in 2017
Any doctor can prescribe,
Generally, for severe conditions with
no alternative therapy

Any doctor can prescribe
Any justifiable indication
Inflorescence only



No clear medicinal cannabis program

- Devices that administer a medicinal product fall under MDR 2017/745 (Article 1 (9))
- Integral vs non-integral
- Classification rules
- Medical device requirements: General Safety and Performance Requirements (GSPR), conformity assessment, CE marking (possibly)



- Three UN Conventions (1961, 1971, 1988) outline drug controls
- UN conventions limit controlled drugs to ‘medical and scientific purposes’
- THC Content (varies by member state 0.2%-1.0%)
- Regulated at the member state
 - France – ANSM special authorisation permit for narcotic medicines
 - Ireland – Import permit applications require an annual licence and products to be included in Schedule 1 of the Irish Misuse Drugs legislation



CLINICAL TRIALS CONSIDERATIONS

Sales in medicinal cannabis is estimated to grow to **58 Billion EUR** in 2028 (Bloomberg)

Unmet demand of medicinal cannabis products

Absence of significant clinical studies

Absence of scientific evidence on effectiveness of medicinal cannabis

Lack of harmonization and regulatory certainty

EU wide **centralized marketing authorization** is most beneficial to enable products to be marketed in whole EEA (e.g. Epidyolex from GW Pharma)

Preferred route for central marketing authorization through **Orphan Drug Designation**



Design

Protocol, randomized CT
(e.g. placebo controlled)

Primary and secondary variable

Clear inclusion and exclusion
criteria

Quality of Life criteria

Safety measurements

Statistical evaluation

Conformity with applicable
regulations to obtain regulatory
and ethic committee approvals

Role of Sponsor company

All activities to conduct the CT can
be delegated

Has to prove compliance with the
applicable regulations through
SOPs and implemented
measurements

If non-EU company, need to assign
legal representative

Sponsor has overall and final
responsibility

Tools to be used

Oversight management to be
implemented

Key performance indicators to
oversee quality, budget and
timelines

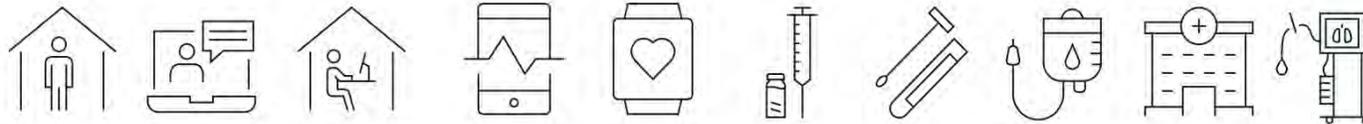
Well defined contracts with
vendors and their deliverables

Risk management plan

Decentralized clinical trials meet patients where they are.

Clinical-trial designs

Fully decentralized ← Hybrid → Fully centralized



All trial procedures are conducted virtually, enabled by digital technologies and supply delivery

Less complex trial procedures that don't require in-person visits (eg, vital signs, electrocardiograms) are conducted via telehealthcare, remote data collection, or direct-to-patient supply

Less complex trial procedures that require in-person visits (eg, injections) are conducted via mobile clinicians or alternative sites (eg, mobile clinics, retail sites)

Complex trial procedures (eg, complex screening protocols, cell therapy, magnetic resonance imaging) are conducted via research sites (eg, academic medical centers) or local hospitals

All trial procedures are conducted at a research site (eg, academic medical center)

**McKinsey
& Company**

*McKinsey & Company, June 2021
No place like home? Stepping up the
Decentralization of clinical trials*

USE OF TECHNOLOGIES IN DCTS SUPPORTING PARTICIPANT-CENTRIC APPROACH

- eConsent
- eCOA (Clinical Outcome Assessment)
- eDiary
- Wearable/ sensors/smart watches
- Telehealth visits
- Local laboratory collections
- Mobile Health Apps
- Home healthcare visits
- Online survey
-



CONCLUSION

CONCLUSION

Comment

Complex – Medicinal cannabis products can intersect multiple regulations at the EU and member state level

Development – medicinal cannabis development varies by product but a full quality module is always required

Clinical trial hurdles – one of the main hurdles for cannabis clinical trials is the cost for high quality studies



Lumis' advice

Early planning – Consider *all* applicable regulations as early as possible. **Scientific advice** can help ensure your plan is appropriate.

When possible, utilise regulatory incentives such as **Orphan Designation** and **SME status**

Decentralisation/ hybrid – Due to medical cannabis patients being largely outpatients decentralised/ hybrid designs could be beneficial

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